2026 Native Plant of Distinction: Garden Phlox (Phlox paniculata 'Rose Bouquet')









Unique Characteristics

This popular flower has naturalized into areas beyond its original native range. Split sections of garden phlox every few years to reduce likelihood of disease. It is prone to some insect & deer damage. The Wild Blue Phlox (and other Phlox species) were some of the first native wildflowers in the United States to be collected by European explorers and exported back to Europe.

> Plant type: Forb

Native Range: Eastern North America, except New

England & Florida

Sun: Full sun to part shade

Water: Medium

Soil: Moist, fertile, well-drained

Height: 2-4 feet

Spread: Clump forming to 3 feet

Wildlife: Hummingbirds, butterflies

Hardiness Zones: 4 - 8

Bloom Time: July - September

Fall Color: White, shades of pink, blue

Bird & butterfly gardens, cottage gardens. Garden phlox is prone to powdery mildew, so good circulation among the plants

recommended.



Photos by Penn State University 'Rose Bouquet' (top), North Carolina Extension 'Titanium' (center), & North Creek Nurseries 'Rose Bouquet' (bottom)

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